Soran University college of Education School of Physical Education



**Vocabulary of psychology fourth stage 2014-2015m**

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| **S** | **date** | **First chapter** | **Vocabulary of Material** | **Notes** |
| **1** | **First week** | **Chapter One**  **The first topic**  **The second topic**  **The third topic** | **what is sports psychology**  **Psychology**  **Sports Psychology**  **The areas of sports psychology** |  |
| **Second week** |
| **2** | **Third week** | **For the second semester**  **The first topic**  **The second topic** | **The emergence of sports psychology**  **Join the emergence of sports psychology Tasks of sports psychology** |  |
| **3** | **Fourth week** | **Chapter One**  **The first topic**  **The second topic**  **The third topic**  **The fourth topic** | **Motor learning**  **Definition of learning**  **Necessities of learning**  **Learning Steps**  **Learning Theories** |  |
| **Second chapter** |
| **4** | **week fifth** | **Chapter II**  **The first topic**  **The second topic** | **Educational processes**  **Reinforcement**  **Remembering and forgetting** |  |
| **5** | **week Sixth** | **Chapter III**  **The first topic**  **The second topic**  **The third topic** | **Learning conditions**  **Exercise split times**  **Intellectual exercise in motor learning**  **Privacy in motor learning** |  |
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| **6** | **week Seventh** |  | **Theoretical exam** |  |
| **7** | **week eighth** | **Chapter One**  **The first topic**  **The second topic**  **The third topic** | **Personal**  **The concept of personal**  **Components of personal**  **Theories personal** | **Part III**  **Physical Education and Personal** |
| **week Ninth** |
| **8** | **week Tenth** | **Chapter II**  **The first topic**  **The second topic**  **The third topic** | **The impact of the lessons of physical education in the formation of personal**  **The relationship between the personal and the activity**  **Personality development through sports activity**  **The role of school sports in the development of personal** |  |
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| **9** | **Fourth part** | **Chapter One**  **The first topic**  **The second topic**  **The third topic** | **Incentives and motivations and needs**  **The concept of motives and purposes needs Althver**  **Sources of stimulus** | **Motives of sports activity and evolution** |
| **week Eleven** |
| **10** | **Twelve week** | **Chapter II**  **The first topic**  **The second topic**  **The third topic** | **The relationship between motivation and activity of**  **Formation of motivation**  **Motives of individual and collective motives**  **The development of the motives and desires** |  |
| **11** | **thirteen week** | **Chapter III**  **The first topic**  **The second topic**  **The third topic**  **The fourth topic**  **The fifth topic** | **Psychological trend**  **The concept of psychological trend**  **Psychological components of the trend**  **Growth trends**  **Changing trends**  **Measuring trends** |  |
| **12** | **Fourteen week** |  | **Examination** |  |
| **13** | **Part five** | **Chapter One**  **The first topic**  **The second topic** | **Ability and talent in the physical education lesson**  **The importance of the concept of sporting talent**  **Willingness or natural inclination and ability and talent** | **Ability and talent** |
| **fifteen week** |
| **14** | **sixteen week** | **Chapter II**  **The first topic**  **The second topic**  **The third topic** | **Mental processes in sports activity**  **Sensation and perception**  **The relationship between the development of the skills and processes of sensation and perception** |  |
| **15** | **Part six** | **Chapter One**  **The first topic**  **The second topic** | **Students with weak levels**  **Characteristics of students with weak levels**  **Impact of the weak level of personal growth** | **Twice the level in the physical education lesson psychological problem** |
| **week seventeen** |
| **16** | **week eighteen** | **Chapter II**  **The first topic**  **The second topic**  **The third topic**  **The fourth topic**  **The fifth topic** | **Social factors affecting the level of sports**  **The concept of group**  **Types of group**  **The cohesion of the group**  **Cracking group**  **Importance of social factors in the physical education lesson** |  |
| **17** | **week nineteen** | **Chapter One**  **The first topic**  **The second topic**  **The third topic**  **The fourth topic**  **The fifth topic** | **Fear and anxiety**  **Types of anxiety**  **Anxiety levels**  **The effects of anxiety**  **Concern in the field of sports**  **Measuring anxiety** | **Title VII psychological emotions** |
| **week Twenty** |
| **18** | **Twenty one- week** | **Chapter II**  **The first topic**  **The second topic**  **The third topic** | **Trauma**  **The concept of psychological trauma**  **Types of trauma**  **The effects of trauma** |  |
| **19** | **Twenty-two week** | **Chapter III**  **The first topic**  **The second topic**  **The third topic** | **Courage and boldness**  **General concepts**  **Boldness and courage in Physical Education**  **Develop a spirit of courage** |  |
| **20** | **Eighth part** | **Chapter One**  **The first topic**  **The second topic**  **The third topic** | **Psychological problems at the races**  **Situations prior to the start**  **Long-term psychological preparation**  **Long-term psychological preparation** | **Sport upper levels** |
| **Twenty three week** |
| **21** | **Twenty-fourth week** | **Chapter II**  **The first topic**  **The second topic**  **The third topic** | **Experiences of success and failure**  **Components of the experiences of success and failure**  **The importance of the experiences of success and failure**  **The level of ambition** |  |
| **22** | **Ninth Part** | **Chapter One**  **The first topic**  **The second topic** | **General principles Calendar**  **The importance of the tests and tools Oajpanha calendar**  **Scientific principles for the use of the tests in the fields of sports** | **Evaluation in Physical Education** |
| **Twenty-fifth week** |
| **23** | **Twenty-sixth week** | **Second chapter**  **The first topic**  **The second topic**  **The third topic**  **The fourth topic** | **Calendar of pupils in physical education lesson**  **Some basis for evaluating students in physical education lesson**  **End of the calendar in**  **Physical Education**  **Stage of evaluation**  **Monitoring and diagnostics** |  |
| **24** | **Twenty-seventh week** |  | **Examination** |  |

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