Soran University college of Education School of Physical Education



**Vocabulary of psychology fourth stage 2014-2015m**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  **S** | **date** | **First chapter** | **Vocabulary of Material**  | **Notes** |
| **1** | **First week** | **Chapter One** **The first topic** **The second topic** **The third topic** | **what is sports psychology** **Psychology** **Sports Psychology** **The areas of sports psychology** |  |
| **Second week** |
| **2** | **Third week** | **For the second semester** **The first topic** **The second topic** | **The emergence of sports psychology** **Join the emergence of sports psychology Tasks of sports psychology** |  |
| **3** | **Fourth week** | **Chapter One** **The first topic** **The second topic** **The third topic** **The fourth topic** | **Motor learning** **Definition of learning** **Necessities of learning** **Learning Steps** **Learning Theories** |  |
| **Second chapter** |
| **4** | **week fifth** | **Chapter II** **The first topic** **The second topic** | **Educational processes** **Reinforcement** **Remembering and forgetting** |  |
| **5** | **week Sixth** | **Chapter III** **The first topic** **The second topic** **The third topic** | **Learning conditions** **Exercise split times** **Intellectual exercise in motor learning** **Privacy in motor learning** |  |
|  |
| **6** | **week Seventh** |  | **Theoretical exam** |  |
| **7** | **week eighth**  | **Chapter One** **The first topic** **The second topic** **The third topic** | **Personal** **The concept of personal** **Components of personal** **Theories personal** | **Part III** **Physical Education and Personal** |
| **week Ninth** |
| **8** | **week Tenth** | **Chapter II** **The first topic** **The second topic** **The third topic** | **The impact of the lessons of physical education in the formation of personal****The relationship between the personal and the activity** **Personality development through sports activity** **The role of school sports in the development of personal** |  |
|  |
| **9** | **Fourth part** | **Chapter One** **The first topic** **The second topic** **The third topic** | **Incentives and motivations and needs** **The concept of motives and purposes needs Althver** **Sources of stimulus** | **Motives of sports activity and evolution** |
| **week Eleven** |
| **10** | **Twelve week**  | **Chapter II** **The first topic** **The second topic** **The third topic** | **The relationship between motivation and activity of** **Formation of motivation** **Motives of individual and collective motives** **The development of the motives and desires** |  |
| **11** | **thirteen week**  | **Chapter III** **The first topic** **The second topic** **The third topic** **The fourth topic** **The fifth topic** | **Psychological trend** **The concept of psychological trend** **Psychological components of the trend** **Growth trends** **Changing trends** **Measuring trends** |  |
| **12** | **Fourteen week**  |  | **Examination**  |  |
| **13** | **Part five** | **Chapter One** **The first topic** **The second topic** | **Ability and talent in the physical education lesson** **The importance of the concept of sporting talent** **Willingness or natural inclination and ability and talent** | **Ability and talent** |
| **fifteen week**  |
| **14** | **sixteen week** | **Chapter II** **The first topic** **The second topic** **The third topic** | **Mental processes in sports activity** **Sensation and perception** **The relationship between the development of the skills and processes of sensation and perception** |  |
| **15** | **Part six** | **Chapter One** **The first topic** **The second topic** | **Students with weak levels** **Characteristics of students with weak levels** **Impact of the weak level of personal growth** | **Twice the level in the physical education lesson psychological problem** |
| **week seventeen** |
| **16** | **week eighteen** | **Chapter II** **The first topic** **The second topic** **The third topic** **The fourth topic** **The fifth topic** |  **Social factors affecting the level of sports** **The concept of group** **Types of group** **The cohesion of the group** **Cracking group** **Importance of social factors in the physical education lesson** |  |
| **17** | **week nineteen**  | **Chapter One** **The first topic** **The second topic** **The third topic** **The fourth topic** **The fifth topic** | **Fear and anxiety** **Types of anxiety** **Anxiety levels** **The effects of anxiety** **Concern in the field of sports** **Measuring anxiety** | **Title VII psychological emotions** |
| **week Twenty** |
| **18** | **Twenty one- week** | **Chapter II** **The first topic** **The second topic** **The third topic** | **Trauma** **The concept of psychological trauma** **Types of trauma** **The effects of trauma** |  |
| **19** | **Twenty-two week** | **Chapter III** **The first topic** **The second topic****The third topic** | **Courage and boldness** **General concepts** **Boldness and courage in Physical Education** **Develop a spirit of courage** |  |
| **20** | **Eighth part**  | **Chapter One** **The first topic** **The second topic** **The third topic** | **Psychological problems at the races** **Situations prior to the start** **Long-term psychological preparation** **Long-term psychological preparation** | **Sport upper levels** |
| **Twenty three week** |
| **21** | **Twenty-fourth week** | **Chapter II** **The first topic** **The second topic** **The third topic** | **Experiences of success and failure** **Components of the experiences of success and failure** **The importance of the experiences of success and failure** **The level of ambition** |  |
| **22** | **Ninth Part**  | **Chapter One** **The first topic** **The second topic** | **General principles Calendar** **The importance of the tests and tools Oajpanha calendar** **Scientific principles for the use of the tests in the fields of sports** | **Evaluation in Physical Education** |
| **Twenty-fifth week** |
| **23** | **Twenty-sixth week** | **Second chapter****The first topic****The second topic****The third topic** **The fourth topic** | **Calendar of pupils in physical education lesson** **Some basis for evaluating students in physical education lesson** **End of the calendar in**  **Physical Education****Stage of evaluation** **Monitoring and diagnostics** |  |
| **24** | **Twenty-seventh week**  |  | **Examination**  |  |

Dr. Fatimma Hussein Owaied

 Instructor